

Behavioural Questionnaire
For
Neuro-Optometric Rehabilitation

Name: _____ Date: _____

Birthdate: _____ Brain Injury Date: _____

Please check the signs and symptoms that best describe how you feel or are performing

FOCUSING DEFICIENCIES:

- Blurry or fluctuating near vision
- Blurry distance vision
- Blurry distance vision *after* near work
- Eye fatigue after short period of reading or near work
- Holds book too closely
- Eyes getting red with computer or reading
- Avoids computer or reading activities
- Eyes hurt, burn, or tire while reading or doing near work
- Headaches with near work
- Excessive rubbing, blinking, or tearing of eyes

EYE POINTING DEFICIENCIES:

- Eye strain with reading, writing or near work
- Reports frontal headaches with visual tasks
- Squints, closes, or covers one eye during visual tasks
- Letters or words appear to float, jump, or move around on the page
- Abnormal posture when doing near visual tasks (tilting head or body)
- Intermittent double vision

EYE MOVEMENT DEFICIENCIES:

- Excessive head movement when reading
- Frequent loss of place when reading
- Omission of small words or skipping of lines when reading
- Use of a finger or marker when reading
- Lack of comprehension when reading
- Re-reads lines unknowingly

VISUAL-SPATIAL DEFICIENCIES:

- The world seems to be unstable
- The floor or walls appear to be tilted
- Lack of coordination and balance
- Clumsy; falls and bumps into things often
- Tendency to work with one side of the body while the other side doesn't participate
- Tendency to drift to one side while walking or while steering
- Knocks over objects or misses objects while reaching for them
- Inaccuracy with keys in locks or touching buttons
- Dizziness
- Motion Sickness
- Consistently leans or turns to one side

VISUAL-ANALYSIS DEFICIENCIES:

- Has trouble telling time on a clock with minute and hour hands
- Confuses likenesses and minor differences
- No longer recognizes familiar written words
- Mistakes words with similar beginnings
- Difficulty recognizing the same word repeated on a page
- Difficulty recognizing letters or simple forms
- Difficulty distinguishing the main idea from insignificant details
- Has trouble writing and remembering letters and numbers

VISUAL FIELD DEFICIENCIES:

- Can't find objects to one side
- Bumps into objects on one side
- Is surprised by objects or people that seem to pop into view
- Only eats food on one side of plate
- Ignores space on one side of the room
- Says they can't see out of one eye

SENSORY INTEGRATION DEFICIENCIES:

- Can only do one thing at a time
- Doesn't notice peripheral objects while concentrating visually on something
- Can't carry on an intelligent conversation while doing some motor task
- Has trouble multi-tasking
- Thinking speed is slower